

### *An Action Packed Natural Resource Program for Youth and Adults*

The New Jersey 4-H Shooting Sports Program in cooperation with the New York 4-H Shooting Sports Program is hosting this regional workshop to certify or re-certify volunteer leaders as 4-H Shooting Sports Instructors. The workshop will feature training in the following disciplines: **Archery, Rifle, Shotgun, Muzzle Loading, and Coordinator**. Disciplines may be canceled due to low enrollment.

Adults will be certified to teach the discipline to youth participants in a formal 4-H Shooting Sports Program as well as in a camp situation. Each state maintains its own standards for certification which may exceed those established by the National Committee. Participants will be able to complete requirements in only **one discipline**. All equipment will be supplied. The workshop will be a focus on youth development, risk management and the shooting disciplines.

The workshop is for those currently involved in the 4-H Shooting Sports Program and those interested in becoming instructors. Instructor candidates must be 21 years or older, assistant instructors (18 + years of age) and Junior Instructors (16 to 18) are welcome. Candidates under the age of 18 must be accompanied and supervised by an adult.

**Participants must meet their state requirements to take part in the**

**trainings. Please consult your county staff or state coordinator.**

We encourage participation regardless of gender or physical challenges. The goal is to involve people who are interested in teaching young people how to shoot safely and learn about the natural environment. Your county must receive a completed application before you attend the workshop, and your club must be approved to conduct the activity you will be trained in.

Training begins on Friday evening with dinner and concludes with lunch on Sunday. Participants must attend the full training to receive a certificate. Registration is due by April 1st. Registrations after April 1st must be approved by the NJ State Coordinator. The workshop will be held in Sussex County at Lindley G. Cook 4-H Youth Center for Outdoor Education in Branchville, NJ, which is in the northern part of New Jersey, near the New York and Pennsylvania borders.

The training will be a **minimum of 14 hours** in the disciplines and will be done the 4-H way—**“Learning By Doing”**.

**The registration fee is \$50.00.** All other costs are supported through the efforts of the New Jersey and New York State 4-H Shooting Sports Program, Federal Cartridge and supportive donors. This will include food, housing and all costs related to the training program. A packet/ confirmation will be sent out in early April with full details of what to bring and additional details.

**Courses offered based on the National 4-H Shooting Sports Curriculum materials.**

**Archery:** Archery involves a fascinating group of sports for people of all ages. The lessons taught in this course cover the basics of archery. They present the beginning archer with a broad, sound foundation for learning the discipline and enjoying archery over a lifetime. The approach in these lessons has proven successful with young people and adults across the country.

**Coordinator:** This course is for the club or county level coordinator and teaches basic consensus decision making techniques, the 4-H developmental learning model, dealing with difficult situations and conflict resolution. Techniques for limiting risk, fund raising, volunteer management, and state policies and procedures are also covered.

**Muzzle loading:** Contrary to popular belief, the sport of muzzle loading is not as complicated, messy or dangerous as many instructors think. Nor is it any more difficult to teach than conventional firearms. As one of the fastest growing shooting sports, muzzle loading has a wide appeal for both young and old. This curriculum takes you through the steps to create a viable program in your clubs.

**Shotgun:** This program is designed to teach the fundamentals of safe and successful shotgun shooting. Shotgun knowledge, the basics of shotgun safety and proper shotgun shooting form are taught before introducing formal shotgun games.

**Rifle:** Rifle shooting is a very safe sport, but it is only as safe as the people participating in it. We will be teaching discipline, range control commands and range courtesy. This program takes the instructor through the basics of instruction and the first shot. This course mainly uses .22 cal rifles and .177 cal air rifles.

**For more information, contact Jim Tavares at  
(973) 948-3550 or by e-mail at [tavares@njaes.rutgers.edu](mailto:tavares@njaes.rutgers.edu).**



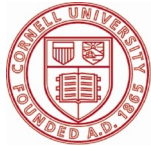
**Visit NJ4-H Shooting Sports on the web at  
<http://nj4hshootingsports.org>**



## New Jersey 4-H Shooting Sports Mission Statement

# RUTGERS

New Jersey Agricultural  
Experiment Station



Cornell University  
Cooperative Extension  
Saratoga County

**FEDERAL**<sup>®</sup>  
Ammunition

The Instructor Workshop is provided in part through support and grants from many organizations, including New Jersey 4-H Shooting Sports, Federal Cartridge, New York State 4-H Shooting Sports, Saratoga County 4-H Shooting Sports, and Lindley G. Cook 4-H Camp.



### New Jersey 4-H Shooting Sports

100 Struble Road  
Branchville, NJ 07826

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Fax: (973)948-0735  
E-mail: [tavares@njaes.rutgers.edu](mailto:tavares@njaes.rutgers.edu)  
<http://www.nj4hshootingports.com>

Youth development is the primary goal of the 4-H Program. 4-H Shooting Sports provide an outstanding vehicle for providing human growth and development in the life skills identified by the National 4-H Program. We teach safe and responsible use of firearms and archery equipment at home, on the shooting range, or in the field, including sound decision making, self discipline, and concentration.

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#### 4-H Shooting Sports : Safety, Knowledge, Understanding & Skills

**Only certified volunteer instructors supervise 4-H Shooting Sports Programs.** Instructors must be 21yrs old or older to facilitate any 4-H Shooting Sports programs in New Jersey. Many hold dual certification with other state and nationally recognized education programs.

**Safety** is always a primary concern. Youth and adults are trained to know and adhere to the Ten Commandments of firearm safety.

**Knowledge** about firearms and the natural environment is featured as the volunteers share years of experiences.

**Skills** are developed under the watchful eyes of the instructors. For some youth, these are new. Others improve and practice their techniques. All learn life skills that will last a lifetime.

**Understanding** is the most important component of the **4-H Shooting Sports Program**. It is developed as youth and adults become aware of their rights, responsibilities and their role in the natural environment.

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*Cooperating Agencies:* Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and County Boards of Chosen Freeholders. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.

# Instructor Workshop



**April 27th –29th,  
2012**

**At Lindley G. Cook  
4-H Camp  
100 Struble Road  
Branchville  
NJ 07826**

**Registration begins at  
5:00pm**

# New Jersey 4-H Event Release/Agreement Form for Adults

Both sides of this form must be completed and signed by all adults participating in 4-H overnight activities, field trips, and events requiring group transportation where youth are present, or any other events sponsored through the 4-H Youth Development Program as determined by the event coordinator. The form should be submitted prior to the event and kept by the event coordinator for at least 90 days after the event.

## Information about the Adult Participant and Activity

Name of adult participant: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone number: (\_\_\_\_) \_\_\_\_\_ 4-H county: \_\_\_\_\_

Name of activity/event: \_\_\_\_\_

Name of 4-H group sponsoring or participating in this event: \_\_\_\_\_

Location of event: \_\_\_\_\_

Date and time of participation of individual named above: \_\_\_\_\_

## Release of Liability

Although Rutgers Cooperative Extension will use the utmost precaution in guarding the health of all participants and preventing accidents, I release them from any liability in case of injury as a result of this activity. Furthermore, I release the owner and driver of the car transporting me to and from this event, from any liability in the case of illness or injury.

\_\_\_\_\_  
 Signature of adult participant

## Medical Emergency Authorization and Health Information

In case of sudden illness or an accident to myself requiring immediate treatment or surgery while I am a participant in this activity, I authorize the 4-H event coordinator or other adults present to take such action as seems appropriate to protect my health and physical well-being. This authority extends to any physician(s) and/or surgeon(s) selected to perform medical and/or surgical procedures including examinations and tests necessary to preserve my life and well-being. All efforts will be made to contact the individual named as my emergency contact above in case of emergency.

Name of emergency contact	Phone number	Name of additional emergency contact	Phone number

The following information is provided as an aid to the event coordinator in dealing with my well-being. I have the following conditions (include allergies, handicaps, diabetes, pregnancy, asthma, medications needed, etc.):

Health Conditions: \_\_\_\_\_

Medications: \_\_\_\_\_

Health Insurance: Company \_\_\_\_\_

Group# \_\_\_\_\_

ID# \_\_\_\_\_

\_\_\_\_\_  
 Signature of adult participant

- Continued on other side -



## New Jersey 4-H Volunteer Standards of Behavior

The primary purpose of these Standards of Behavior is to insure the safety and well-being of all 4-H participants (i.e., members, their parents, and families, staff and volunteers). These standards shall guide adult volunteer behavior during involvement in New Jersey 4-H. Just as it is a privilege for Rutgers Cooperative Extension to work with individuals who volunteer their time and energies to 4-H, a volunteer's involvement in 4-H is a privilege and a responsibility, not a right. *All non-staff adults participating in overnight 4-H events and activities are considered to be volunteers during the course of the event, and must agree to abide by the 4-H Standards of Behavior.*

### 4-H Volunteers will:

- Uphold volunteerism as an effective way to meet the needs of youth and adults.
- Uphold an individual's right to dignity, self-development, and self-direction; will not abuse any 4-H participant by physical or verbal means; and will report such abuse, if observed.
- Accept supervision and support from county 4-H staff while involved in the program.
- Accept the responsibility to represent their individual county 4-H program and the New Jersey 4-H Program with dignity and pride by being positive role models for the youth with whom they work.
- Not commit a criminal act.
- Inform county 4-H staff of any arrests or charges of criminal activity. (This may result in temporary suspension pending resolution of the case.)
- Comply with equal opportunity and anti-discrimination laws.
- Keep county 4-H staff informed of any incidents which may violate 4-H policies or personal rights.
- Handle animals and operate machinery, vehicles and other equipment in a responsible manner.
- Not require 4-H participants to purchase materials, equipment, animals or services from any specific places of business.

I understand that the coordinator of the event is responsible for informing me of my responsibilities as an adult volunteer participant in this event, and will provide any specific training needed to carry out these duties. I have read, understand and agree to the New Jersey 4-H Volunteer Standards of Behavior. I also agree to perform my duties as explained, and to abide by the 4-H Code of Conduct and any other rules specific to this event. I understand that any action on my part that contradicts any portion of this agreement is grounds for immediate dismissal from this event at my own expense.

\_\_\_\_\_  
**Signature of adult volunteer participant**

\_\_\_\_\_  
**Date**

## New Jersey 4-H Media Policy and Release:

The 4-H program routinely promotes activities through various media. This includes, but is not limited to newsletters, newspapers, brochures, and displays. In doing so, the names and photos of members may be included to help tell the 4-H story. However, New Jersey 4-H policy is that on web sites, youth in photos will not be identified by name(s).

- No, do not use my individual picture for any purpose.** I will make an effort to avoid opportunities to be in group photos.
- No, do not use my name for any purpose.**

*By Rita Natale Saathoff, 1997 & 2003. Revised by Annette Devitt, 2004.*

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N.J. AGRICULTURAL EXPERIMENT STATION  
RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY  
NEW BRUNSWICK**

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# 4-H Shooting Sports Instructor Training Workshop Registration Form

**Registration Due April 1<sup>st</sup>**



Name: \_\_\_\_\_

Club or Organization: \_\_\_\_\_

Address : (Street/RD# Box) \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ County: \_\_\_\_\_

Telephone : (\_\_\_\_) \_\_\_\_\_ E-mail address: \_\_\_\_\_

Which Discipline would you like to take? (You can only take one discipline per training weekend)

	1 <sup>st</sup> choice	2 <sup>nd</sup> Choice	3 <sup>rd</sup> Choice
Archery	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coordinator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Muzzle loading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rifle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shotgun	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Cost of Workshop : \$50.00 per person. This price includes housing, Meals and all materials needed for the workshop. Equipment (Bows and Air Rifles) will be supplied, but it is recommended that you bring your own eye and ear protection. For more information about the training, please visit our website at <http://www.nj4hshootingports.org>

Please make check payable to:  
NJ4H Shooting Sports Advisory Council (NJ4-HSSAC)

And mail to: Lindley G. Cook 4-H Camp  
100 Struble Road  
Branchville, NJ 07826

Additional Questions:

Have you been selected and trained through your county 4-H volunteer process? \_\_\_\_\_

Do you have or have you been certified in a discipline before? (yes/no) \_\_\_\_\_

If so, what certification do you have? \_\_\_\_\_ Where was the training? \_\_\_\_\_

What organization were you certified with? (NRA, NAA, 4-H, Boy Scouts) \_\_\_\_\_

County Staff Signature: \_\_\_\_\_

*All forms must be signed by your county Program Associate or Agent in order for you to take the training course. The signature indicates they are aware you are taking the training and that you are either a registered volunteer or are in the process of becoming a recognized volunteer in your county.*